



# NNAABAGEREKA NAGGINDA WOMEN'S FUND

*Sustaining Social Investments*



## Mental Health Essay Competition

The Nnaabagereka Nagginda Women's Fund (NNWF) is proud to announce our Mental Health Awareness Essay Competition. This competition seeks to understand how young people across different age groups deal with mental health challenges while raising awareness about mental health. Participants will have the opportunity to share their thoughts, insights, and experiences.



### Key Dates:

- Competition Opens: November 1, 2024
- Submission Deadline: February 3, 2025
- Winners Announced: March 3, 2025



### Submission Guidelines:

- Essays should be between 200-500 words for participants aged 8-15; 500 - 750 words for participants aged 15-18; and 750-1,000 words for participants over 18.
- Submissions must be in English.
- All essays must be submitted through our online portal by the deadline of February 15, 2025.
- Only one submission per participant is allowed.



## Terms and Conditions:

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- 1. Eligibility:** The competition is open to participants between the ages of 8-23.
- 2. Prizes:** The school fees prize will be provided up to a maximum value of UGX 3,000,000 per winner.
- 3. Original Work:** All submissions must be original work by the participant. Plagiarized content will result in disqualification.
- 4. Judging Criteria:** Essays will be evaluated based on relevance to the topic, originality, creativity, and clarity.
- 5. Winner Notification:** Winners will be contacted via email by April 1, 2025. An alternative winner may be chosen if a winner does not respond within seven (7) days.
- 6. Privacy:** By entering the competition, participants consent to NNWF publishing or sharing their essays for promotional purposes. No personal information will be shared publicly without permission.
- 7. Rights:** NNWF reserves the right to modify or cancel the competition at any time in response to unforeseen circumstances.

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### Contact Us:

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